



Dear colleagues and friends,

we are slowly ending this challenging year, physically distanced, carefully protected but digitally connected - supporting even the youngest and most vulnerable to adapt to the new reality we are living in.

Topics like climate change, the air pollution that surrounds us, the rejection of those who are different from us are still part of our daily concerns in our lives. To all who follow us, out of curiosity or simply with the desire to learn more about our work, we wish you good health and we invite you to cooperate with us in the new 2021 in the process of creating together a prosperous and environmentally sustainable society that sincerely accepts all.

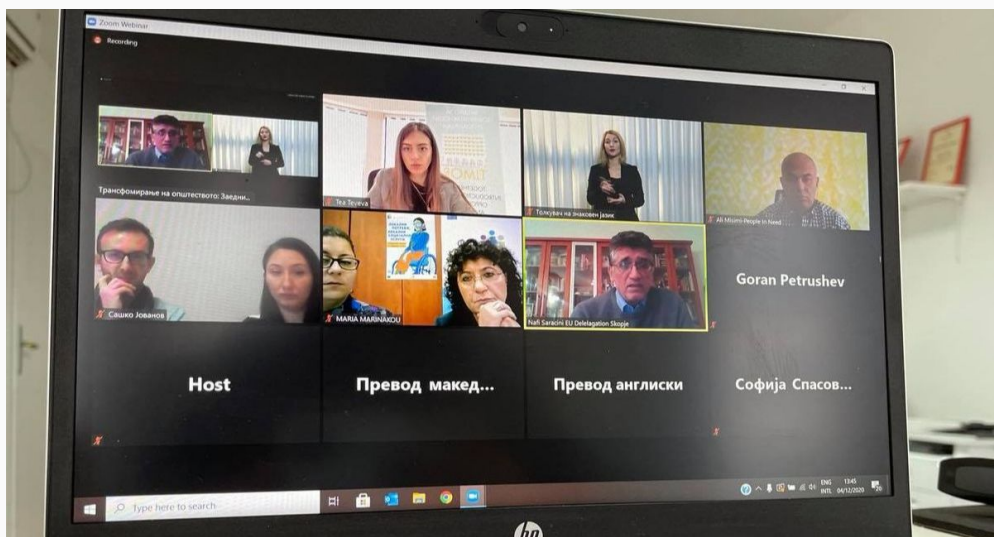
We invite you to read the latest issue of our E-newsletter and join us at creating future new, interesting and useful activities for sustainable development and inclusive development .

Visit our website, social media available at the links provided at the end of the Newsletter frequently to stay informed of new opportunities and useful information.

Wishing you Merry Christmas and a happy and successful New Year 2021!

CeProSARD team

Within the International Day of Persons with Disabilities a two day event - Online Round Table: Transforming the Society: Community for All was organised where the projects that are supporting the deinstitutionalisation process in the country were presented





Within the International Day of Persons with Disabilities a two day event - Online Round Table: Transforming the Society: Community for All was organised. At the event, introductory speeches on the needs, achievements and challenges related to empowerment of people with disabilities and their role in society had Zoran Zaev, Prime Minister of the Republic of North Macedonia, Tomica Stojanovski, President of the National Association of Disability Organizations, Jagoda Sahpaska, Minister of Labour and Social Policy, Mila Carovska, Minister of Education and Science, Venko Filipce, Minister of Health, David Geer, Head of the Delegation of the European Union and Rossana Dudziak, UN Resident Coordinator in North Macedonia.

The panel discussion in the second part of the event covered the reforms in the social protection system and the deinstitutionalization process, through the personal testimonies and experiences of the speakers - a person with a disability who has gone through the deinstitutionalisation process and currently lives in a small group home, parents of people with disabilities, neighbor in a building where a small group home is established, employees and professionals working in small group homes and representatives from social service providers.

On the second day of the event, the three projects supported by the EU grant scheme for support of the deinstitutionalisation in the country were presented, including the project "Together for introduction of more opportunities and respect- TIMOR", as well as the project of technical assistance to the Ministry of Labor and Social Policy of RNM. The role of local self-government and civil society organizations in providing social services in the community was discussed on the event. The covered topics included the needs of persons with disabilities in the Special Institution Demir Kapija, future recommendations and goals to be achieved with the implementation of projects.

The project "TIMOR" is funded by the EU within the IPA II 2017 Action Programme of the EU Support for Education, Employment and Social Policy - Support for the De-institutionalisation Process in Social Sector.

**Completed cycle of trainings for building skills for implementation of services for community-based supported living
Project "Together for introduction of more opportunities and respect" - TIMOR**

Within the "TIMOR" project, in the period September - November 2020, 4 training sessions with physical presence and 1 online training session were organized in order to strengthen the skills for implementation of services for community-based supported living. The trainings were attended by 100 participants from the work profiles caregivers, specialists in these work fields, high school teachers and students from the fields nurse/caregives/paramedic.

The series of five trainings was realized in accordance to the content of the prepared "Guideline for strengthening the skills for implementation of the services for supported living in the community" by the professional consultants - special educator and rehabilitator Biljana Sterjadovska Stojcevska and special educator and rehabilitator Daniela Sazdova, who are also the trainees of the trainings.

Topics of the training sessions were developed according to the prepared Guideline: workplace organization and work documentation, health care of the users that receive the service living with support, modern approaches in providing support to the user of the service supported living, support of the user in performing daily activities, support of the user related to care for the home and the environment, support of



the user for community involvement, use of community services and self-advocacy. The trainings abounded with practical examples of conducting specific activities with the users that receive the service supported living. In addition to the presentations, interactive techniques / exercises were used during the training, which aimed to sensitize the participants about certain aspects of the life of people with disabilities and to understand in a practical way the theoretical background of the service living with support. All participants received Certificates for attendance.



Photographs from the held training sessions in Demir Kapija and Skopje

Successfully implemented training program for tourist service as an activity within the project "Encouraging rural and environmental tourism through smart tourist information centers / FRET-STIC" for participants from N. Macedonia and Kosovo

The project "Encouraging rural and environmental tourism through smart tourist information centers - FRET-STIC" aims for development and promotion of local and regional tourism in N.Macedonia and Kosovo, through innovative approaches and systems for improving the rural and ecological experience achieves its goal by creation of strategic tools that will provide a better understanding of visitor requirements, while serving as mechanisms for enhanced inter-regional cooperation between various aspects of industry, government institutions, business sector and civil society organizations that will result in increased tourism potential, tailored to the needs of target groups. Additionally, the project aims to create a favorable environment for strategic reach and benefit not only from national and regional markets, but also from new international markets in the tourism industry.

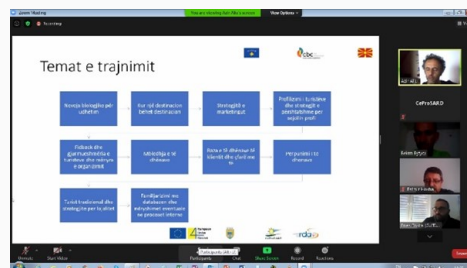
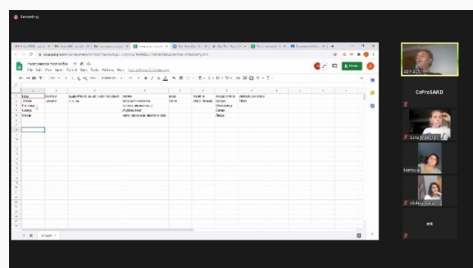
As part of the activities of this project, from 26.10.2020-30.10.2020, series of trainings was organised through the ZOOM platform, tailored for the needs of the participants who will use the created tools within the project in the future.

The training program and schedule were designed by the hired business analyst for the participants - on each side of the border - as a continuation of the previous training "Consumer Psychology Training and Social Media Marketing".

Partners in the project are:

- Center for Promotion of Sustainable Agricultural Practices and Rural Development - CeProSARD as a lead organisation;
- Municipality of Tetovo, RNM
- Regional Development Agency South, Republic of Kosovo

Donor: European Union



Reference technologies for energy efficiency and renewable energy sources with assessment of energy consumption of hospitals and a workshop on "Hospitals with energy close to zero"

In the last quarter of the year, within the project *Hospitals with energy close to zero*, a "Study on reference technologies for energy efficiency and renewable energy sources" was prepared, as well as "Assessment of energy consumption of hospitals according to modular building prototypes". The results of the study can be applied to other buildings with similar characteristics or used in the design of new hospitals and they will be made available to the appropriate institutions. The main goal is to contribute to the improvement of the energy efficiency of the construction sector, and specifically to the energy efficiency of the hospital buildings which are one of the most complex.



Photographs of the presented samples of buildings with energy close to zero

On 18.12.2020 within the project was held a workshop "Hospitals with energy close to zero" where were presented in detail the possibilities for energy management in hospitals, application of energy efficiency and renewable energy sources in the reconstruction of hospitals and results from comparative analyzes of buildings with energy consumption close to zero. The workshop also presented the so-called LCCA (Life-Cycle Cost Analysis) methodology used for economic assessment of building interventions in public procurement in EU countries.

Energy data

Energy consumption - TPEC (kWh/m²/a)

Клас	min. kWh/m ²	max. kWh/m ²	СГРАДИ ЗА ЗДРАВЕОПАЗВАНЕ
A+	<= 70		A+
A	70	140	A
B	141	280	B
C	281	365	C
D	366	450	D
E	451	563	E
F	564	675	F
G	>	675	G

Primary energy consumption scale for Hospitals in Bulgaria

North Macedonia

Ser.	Hospital Name	Town/ City	Climate type	Total primary energy consumption per m ² per annum - kWh/m ² /a	Energy Class Total
1	JZU GOB „8-mi Septemvri“ - Skopje	SK	C-SM	321,22	C
2	JZU Opšta bolnica - Kičevo	KI	HC	537,63	E
3	JZU Opšta bolnica - Kumanovo	KU	C-SM	651,96	F
4	JZU Opšta bolnica - Ohrid	OH	HC	364,66	C
5	JZU Opšta bolnica - Veles	VE	C-SM	183,58	B
6	JZU Klinička bolnica - Tetovo	TE	HC	196,78	B
7	JZU Klinička bolnica - Štip	ST	C-SM	678,59	G
8	JZU Opšta bolnica - Kavadarci	KA	C-SM	227,84	B
9	JZU Opšta bolnica - Gostivar	GO	HC	196,25	B
10	JZU Opšta bolnica - Strumica	SR	C-SM	297,30	C
11	JZU Opšta bolnica - Struga	SLU	HC	529,01	E
12	JZU Opšta bolnica - Kočani	KO	C-SM	258,30	B
13	JZU Klinička bolnica - Bitola	BT	HC	254,17	B
14	JZU Opšta bolnica - Gevgelija	GE	SM	298,01	C
15	JZU Opšta bolnica - Prilep	PP	HC	174,31	B
16	JZU Opšta bolnica - Debar	DR	HC	109,91	A

Based on the findings of the analysis made within the project and the energy controls of the hospitals, a manual and recommendations for the application of various technologies will be prepared that should improve the energy efficiency of the hospitals to be hospitals with energy consumption close to zero.

The donor of the project is INTERREG Balkan-Mediterranean 2014-2020 European Regional Development Fund.

Continuous improvement of the knowledge and skills CeProSARD's team

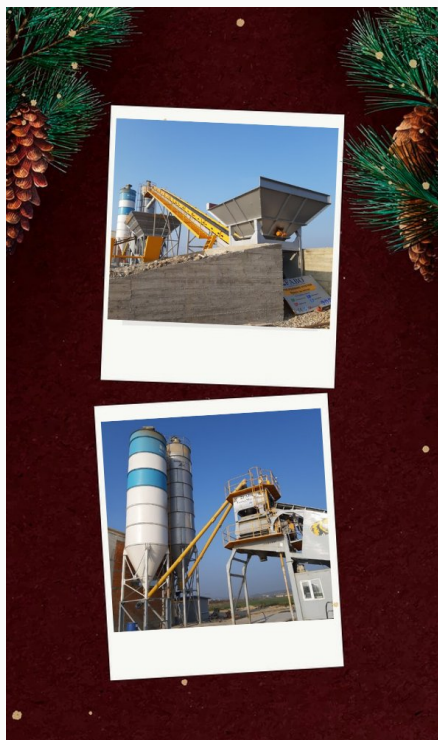
We continuously aim on strengthening the capacities of our team. In the period from October to December 2020, our representatives attended the following trainings and information sessions:

1. Strengthening the capacities of the representatives of the CSOs for the Environmental Legislation in RNM and the participation of the public in decision making organised by the Association for Sustainable Development "Milieukontakt Macedonia", in cooperation with the Association of Environmental Engineers "Development Program". The training reviewed environmental legislation, with an emphasis on the representation of the principles of the Aarhus Convention, but also reviewed the financial implications of environmental legislation;
2. Training on "Thematic networking, building partnerships and coalitions" - organized by the Macedonian Center for International Cooperation within the program Civic Resource Center, funded by the European Union.
3. Participation in online evidence-based research and advocacy training, organized by EU TASCO 3

Cooperation with the business sector

As a consultant in the field of environment, in the last period we started with preparation of a document for obtaining an Integrated Environmental Permit "B" for the needs of Aradiko Kop DOOEL import-export v. R`zanichino, Petrovec. The consulting services that are implemented during the project are divided into two phases - the first phase where the assessment of the existing situation performed and the second phase where the Integrated Pollution Prevention and Control (IPPC) prepared with assessment and measurement of pollution emissions. During this phase, the consultants used their own measuring equipment in order to process all input data and prepare studies and reports (project design, calculations and proposed measures) in their own premises.

As a result of the project is a prepared Environmental Assessment and preparation of application for "B" permit for Integrated Pollution Prevention and Control (IPPC). The document is being prepared at the request of the Aradiko installation.



Photographs from a field visit to Aradiko Kop



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