



### We can do different

How to accept the diversity of the reality in which we exist?

Sometimes what life takes away from someone at birth or in the process of development, fate compensates with a greater gift. The works and achievements of the successful such as Franklin Roosevelt, who ruled with a powerful country like America from a wheelchair, the breadth of mind of the astrophysicist Stephen William Hawking, or Beethoven's Ninth Symphony, speak of the extraordinary gift of people with disabilities. Not so long ago and not so far away, in our neighborhood country, an exceptional person turned his diversity into a gift - Vuk Radovanovic models, studies and is part of the National kayak federation of Serbia in para-kayak.

What about our community, do we accept the people with disabilities in our society? Do we recognize Aleksandar Matovski - Cako who is the first Macedonian student with Down Syndrome, who told his story and journey at the World Conference at the United Nations Headquarters in New York or Nina Kostovska from Tetovo, a girl with Down Syndrome who through a video recorded by UNICEF showed people that every person with great determination and strong will can be successful. Nina encouraged people not to focus at the disability but to look at the opportunities that each of us offers. (<https://bit.ly/32qtKML>)

Our team continues to implement projects, both locally and nationally, trying to accept and include people with disabilities in the community. Together for more opportunities - is the motto with which the team of CeProSARD continuities its work.

We invite you to read the latest issue of our E-newsletter and join us at creating future new, interesting and useful activities for sustainable development and social aspects.



**Donation of disinfectants, hygiene products, personal protective equipment and UV-Guard - inovative indoor disinfection equipment from the project "Together for introduction of more opportunities and respect"- TIMOR**



The project implementation team of the project "Together for introduction of more opportunities and respect"- TIMOR stands with the global community to help limit the spread of the Covid-19 virus and ease the related hardships faced by the communities in which we live and work. Therefore, on 21.07.2020 we organized an event for making a donation of disinfectants for surfaces and personal disinfection, personal protective equipment and UV-Gard indoor disinfection equipment. The funds are a donation from the European Union through the project "TIMOR" – aiming to assist the PI Special Institute Demir Kapija in the crisis of the Covid-19 pandemic, after determining their needs.

The project overall objective is to provide de-institutionalisation of persons with disabilities from the residential institutions into community-based supported living settings by providing innovative specialized social services. The project aims to provide new innovative, collaborative, participative social services for the resettled persons with disabilities and to raise public awareness about advantages of de-institutionalisation and inclusion of persons with disabilities in the community.

The project is funded by the European Union.

**Development of a Program for education of assistants for supported living Project "Together for introduction of more opportunities and respect"- TIMOR**

Within the project, the project team engaged experts who in the past couple of months developed a Program for education of assistants for supported living. This program is in accordance with the procedures and regulations with the Adult Education Center (AEC).

The document - Program for education of assistants for supported living will be verified in the AEC, after verification of an organization for education of assistants for supported living. As part of the project's consortium - the Association of Special Educators and Rehabilitators of the Republic of Northern Macedonia (ASER), is the organisation responsible for conducting this activity and submission of the documentation for verification of the Program for education of

The whole procedure has been started and is expected to be completed by the end of September 2020. In the meantime, the Presidency of ASER at its regular session on 24.06.2020 adopted a Proposed Decision for registration of a branch office in the AEC, with the necessary activity for verification. On August 25, 2020, a regular meeting of the Assembly of the ASER was held, at which the establishment of the branch "Educational Center" was accepted.

assistants for supported living in AEC as well as of verification of an organization for organizing and performing training in future.

### **Trainings for CSOs held within the project "Strong civic support for effective application of the energy policies in the EU accession process"**

On 02-03.07.2020 through the platform ZOOM, adapting to new circumstances occurred, CeProSARD performed an online training on monitoring, lobbying and participation in the processes related to the implementation of key reforms in the energy sector. The training was attended by representatives of citizens' associations, NGOs, various state institutions and local self-government.

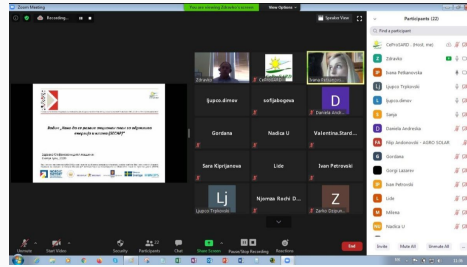
The training was conducted within the project "Stronger civic support for effective application of energy policies in the EU accession process", on the topics:

- Involvement of stakeholders in the preparation of national energy and climate plans;
- Experiences in preparing long-term and integrated local action plans for Sustainable Energy and Climate Action Plan (SECAP) initiated by the movement of European mayors;
- Planning documents on use of renewable energy sources and energy efficiency at national and local level;
- Possible mechanisms for involving citizens in the process of medium-term planning of energy efficiency development, at the local level

At the end of the training, the participants were presented the **Joint Initiative for Cooperation and Partnership of CSOs with national and local authorities in the field of environment and climate change**, which has already been signed by 13 organisations.

In the process of achieving the goals of the project, support with the participation of their representatives was provided by several national institutions and local self-governments, such as the Municipality of Gjorce Petrov and the Mayor, Mr. Aleksandar Naumoski.

The project is implemented by CeProSARD with a grant awarded by the Swedish International Development Agency (SIDA), through the "Nordic Support for Progress of North Macedonia" Project, implemented by the UNOPS (United Nations Office for Project Services).



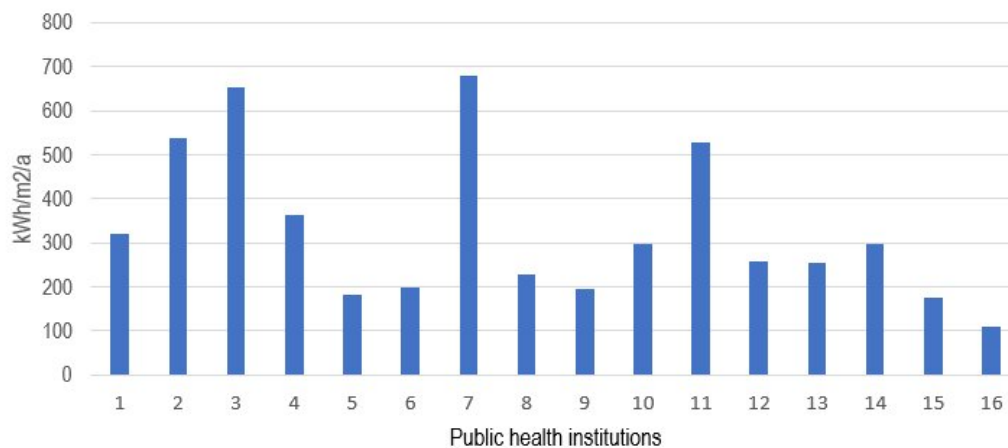
### **An analysis of the energy consumption of hospitals in North Macedonia was made within the project "Towards Zero Energy Hospitals in the Balkan Region - ZenH"**

For the third year in a row, CeProSARD is implementing the project "Towards Zero Energy Hospitals in the Balkan Region - ZenH". The main goal of the project is to contribute to improving the energy efficiency of hospital buildings. In addition, the project aims to facilitate the implementation of the EPBD (European Performance of Buildings Directive) by defining the

Hospital buildings are considered complex systems because they operate 24/7 - operating rooms, sterilization departments, laboratories, and perform several energy-intensive functions (heating, cooling, ventilation, constant heating of hot water, and some hospitals have their own kitchens).

Within the project, an analysis of the energy consumption of the hospitals in North Macedonia was made and it shows significant differences that are not related to the climate region..

Annual energy consumption kWh/m<sup>2</sup>



The average annual consumption in 2017 was 330 kWh / m<sup>2</sup>.

The analysis also showed:

- large deviations in consumption by months which is to be expected;
- Electricity and oil are still the main energy sources in hospitals (oil in the winter months because it is used for heating, and electricity in the summer months because it is used for cooling).

Energy (kWh equivalent)	I	II	III	IV	V	VI	VII	VIII	IX	X	XI	XII	Bk.
Electricity	26%	27%	28%	46%	68%	61%	79%	79%	55%	38%	32%	23%	36%
Light heating oil	34%	34%	36%	15%	0%	0%	0%	0%	0%	24%	36%	33%	26%
Natural Gas	22%	23%	19%	25%	13%	12%	13%	13%	10%	14%	21%	23%	20%
Heavy heating oil	17%	16%	17%	14%	19%	27%	7%	7%	35%	24%	10%	21%	18%
LPG	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
Biomass	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
<b>Total</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>

Based on the findings from the analysis and energy audits of the hospitals in the coming months, a manual and recommendations for the application of various technologies that should improve the energy efficiency of hospitals to be hospitals with energy consumption close to zero will be prepared..

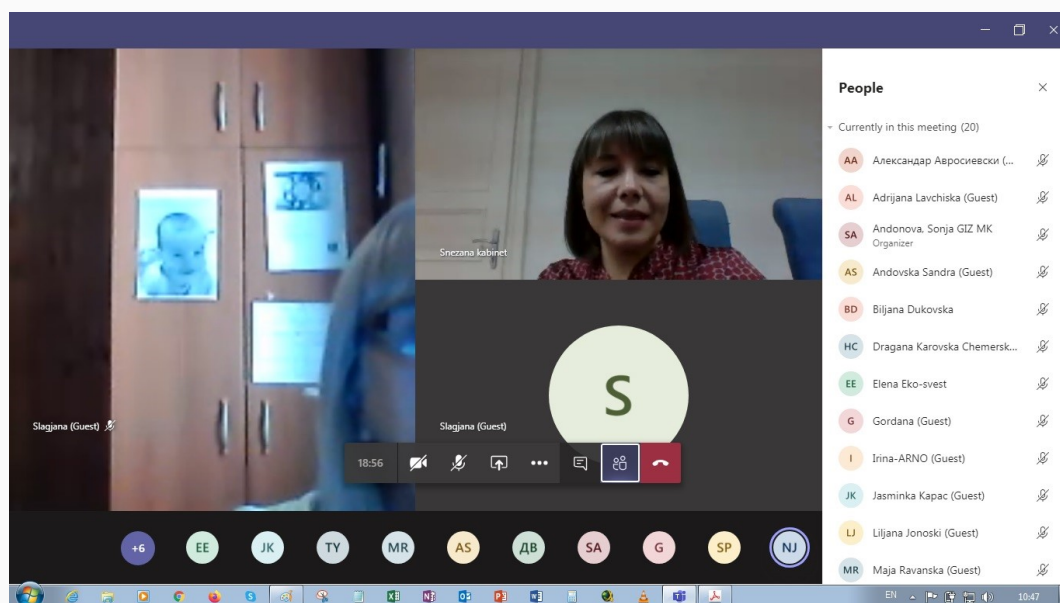
The donor of the project is INTERREG Balkan-Mediterranean 2014-2020 European Regional Development Fund.

### Continuous professional development of our team

CSO CeProSARD continuously works on strengthening the capacities of the team. In the period from June - August 2020, our representatives attended the following training and information sessions:

1. Tackling climate change - *"Information session for the preparation of project applications for capacity building of human capital adjustment to climate change"*. This information session was organized by the Cabinet of the Deputy Prime Minister in charge of Economic Affairs, in the role of Nationally designated body for the Green Climate Fund, in cooperation with the German Association for Cooperation in the country, where opportunities were considered to support institutions which are directly aimed at supporting human capital from the aspects of climate change, i.e the sectors of health, education and vulnerable groups of citizens;
2. Improving lobbying and advocacy skills through training on policy briefs. Within the project for Strengthening the capacities of the members, organized by NRD, our representative participated in an online training for the preparation of policy briefs, as a tool for lobbying and advocacy.
3. Training for improvement and implementation of the working procedures of the organization, organized by NRD;
4. Training *"To go down the road"*, which referred to the transparent management of the project cycle organized by MCIC;
5. Our representative participated at the online seminar *"The momentum for a Balkan New Green Deal"*

and Just Recovery", which was held on 23 July via the ZOOM platform. Organisation that held event was Friedrich-Ebert-Stiftung Dialogue Southeast Europe. This digital discussion was dedicated to the importance of activist networking, coordinated platforms for action and the need for a Balkan Green Agreement and recovery plan, the demands for achieving inclusive, equitable and more democratic societies.



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